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Certificate Course in Counselling Skills & Personal Growth

Course Coverage

- **Psychoeducation**
- **Basic awareness of Depression**
- **Self-help skills and training activities.**
- **Behavioural intervention**
- **Parental Management & training.**
- **Make appropriate referral to qualified MHP's.**

Course commences:

- **15th April 2021 to 15th June 2021**
- **For Contact : 9099020781 / 9638429976**

Faculty: Dr. Nimrat Singh



Duration of course:

- **2 months -Twice a week of two hours each.**
- **Total 36 hours**
- **On Zoom sessions.**
- **Regular Fees : Rs. 6,000/-**
- **Early bird discount before 5th April 2021 is Rs. 5,000/-**

