

Dr. Ms. Nimrat P Singh

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B I O – RESUME

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Nationality: Indian

Educational : Qualification **Ph.D. in Psychology (Organizational Behaviour) Thesis Topic:**
Identifying The Personality Traits Of Effective Managers In Indian Organizations Using The Cross
And Self Rating Techniques and The California Psychological Inventory (2002).

Masters in Clinical Psychology - from Bombay University in 1989 with 1st Class.

Bachelors in Psychology- from D.G.Ruparel College, Mumbai, in 1987 with 1st Class.

Education Update

Degree	Year	Institution	Percentage Class	
Ph.D.	2002	Gujarat University (School of Psychology)		
MA	1989	Bombay University (Clinical Psychology)	**63%	1st
BA	1987	Ruparel College (Entire Psychology) (Mumbai)	* 68%	1st
HSC	1984	Ruia College (Mumbai)	65%	1st
SSC	1982	Loreto Convent (Mumbai)	74%	1st

* Stood Second in the Arts faculty and First in the Psychology Department in Ruparel College

** Stood 7th in the Bombay University Applied Psychology Department.

Experience:

Founded Tangram in 2003, a centre which is actively involved in Training, Counselling, Psychometric assessment and HR related activities with educational institutions and organizations and is a practicing clinical psychologist, registered with the Rehabilitation Council of India.

Was one of the founder members of Manthan Centre for Counselling during 1996 - 2003. It was one of the first Counselling Centres of Gujarat.

Interest and Hobbies: Golf, Swimming, painting (oils), travelling, tarot card reading, reading – philosophy, psychology and literature books. Writing articles on applied psychology and current topics.

References: Available on request

A.	Teaching Assignments	Nature of Assignment	Time Duration
01	Visiting Faculty at National Institute of Design	Visiting Professor	2013
02	Ahmedabad University - HRM Course	Visiting Professor	2011
03	Indian Institute of Planning and Management - HRM Course	Visiting Professor	2009 – 2010
04	School of Petroleum Management - Soft Skill Course	Visiting Professor	2009 - 2010
05	Academy for HRD, Fellowship Programme Doctoral Course	Visiting Professor	2007 - 2012
06	California Psychological Inventory – Academy of HRD VI Experiential Workshop - 4 hours		2006
07	Nirma - MDP. ONGC Interpersonal Relations in Teams		1 day 2006
08	Short Courses on Counselling Skills and Personal Growth	Coordinator	ongoing
09	Nirma Institute of Management - PGP - II Recruitment and Selection Family Owned Business and Entrepreneurship of OB Programme	Visiting Professor	2009 - 2010 2003-2005
10	Visiting Faculty at AMA for Diploma of Management	Teaching	
	a. Diploma of HRD		1998 - 2006
	b. Diploma of Corporate Communication & Advertising		for 3 years
	c. Diploma of Management Studies		for 3 years
	d. Diploma of Healthcare Management		for 3 years
11	Gujarat University, Ahmedabad, Psychology Department	Visiting Lecturer	1993 – 1994
12	Sophia College, Mumbai, Psychology Department	Lecturer	1990
B.	Training Assignments	Nature of Assignment	Time Duration
01	Conducted Workshop for Parents and Mali Student Union Mathania, Jodhpur, Rajasthan	'Self Directed Search' for Students at Mathania, Jodhpur	25th - 27th June 2015
02	Conducted the Teachers Assessment	"Teachers Empowerment Workshops" at Sun Mehta High School, Chhapi	December 2014
03	Workshop on "Use of Internet - How Safe is your child" for students and parents	Co-Trainer at Riverside School	13th Sept 2014
03	Conducted the workshop on 'Awareness Sessions' and 'Identifying Symptoms of emotional disturbance among children'	Parents and Teachers workshop at Zydus School, Ahmedabad	6th, 8th, 10th and 12th of Sept 2014
04	'Managing Change"	Training Metlife India Insurance Co. Ltd. Ahmedabad	19th Nov 2013
05	"Interview and Interpersonal Skills"	Training at NIFT, Gandhinagar	22nd Oct 2013
06	"M-Power (Mindful Parenting Power)	Training cum interactive workshop at Mumbai	24th August 2013
07	Conducted the Teachers Assessment and designed training workshops	"Teachers Empowerment Workshops" at Urjha and Mehmادpur	from Nov 2012 to Feb 2013.
08	Conducted the Teachers Assessment and designed training workshops	"Teachers Empowerment Workshops" at Sun Mehta High School, Chhapi	from Oct 2011 to Jan 2012.
09	Tangram (Founder)	Training, Assessment, Counselling, Teaching and Consultancy	from April '03 (Ongoing)
10	Manthan Centre for Human Development '96 onwards (Co-founder)	Training, Assessment, Counselling, Teaching & Consultancy	1996-2003
11	Training Programme for Counselors From Manthan Centre for Counselling (Basic Course) From Tangram - (Basic Course, Advanced Course and Super Advanced Course)	Coordinator and faculty Coordinator and faculty	17 years (ongoing)
12	St. Xavier's College – Ahmedabad Faculty for Personal Resources and Organizational Behavioral Effectiveness (PROBE) Programme (1993-1995)	Trainer	2 years
13	Academy of HRD Faculty for Training Programme for Effective Communication Skills for NGO's (1992)	Coordinator and Trainer	5 days
14	Co-faculty for Training Programme for Teachers of St. Xavier's College, Ahmedabad (1992)	Trainer	1 day

C.	Institutional Consultancy Assignments	Nature of Assignment
01	Mudra Institute for Communication, Ahmedabad (MICA)	Student Development Centre and Psychometric Assessment for PGP Students - October 2014. ongoing.
02	Ministry of Tribal Welfare, Tapi District	Talent to Career Assessment from Sept 2012 ongoing.
03	Emerald Heights International School, Indore	Holistic and Teachers Workshop
04	'Learning Adventures' -Understanding sustainability for Torrent Group	As part of the sustainability of Social Institutions Project at Ranikhet and Almoda.
05	"Shree Vadgam Mahal Kelavani Mandal" –Chhapi	Conducted the Holistic Model for "Career Guidance" benefiting 750 students evry year which was followed by one-to-one counselling session with parents and students ongoing since 2011.
06	School of Petroleum Management	Workshop on soft skills 2009
07	Calorx School	"Making Leadership Visible" One year workshop for students
08	Riverside School	Holistic career planning for grade 8th and 9th for 2009. Teacher and Parenting workshop on various topics Started a Student Development centre 2009-2010
09	Dada Bhagwan Foundation	Teacher and Parental workshops. 2009
10	International Travel & Tourism Institute	Life Skills Training to IATA students 2006-2008
11	Global	Soft Skills Workshops (2005 – 2009) for Studies in Australia
12	Euro Kids	Parental Workshops – Magic Years (2006 – ongoing)
13	Aga Khan Foundation	'Disha' Workshop for students' career Planning (2006)
14	Indian Institute of Management (IIMA)	Counselling and PGL (FPM, ABM and PGP Levels) Student Counselling & Summer Workshops For 5 years
15	Mudra Institute for Communication, Ahmedabad (MICA)	Personal Growth Laboratory (EDC) Workshop on soft skills
16	National Institute of Design (NID) Panelist for PG admissions	Personal Growth Laboratory, Counselling, Retainership Ongoing since 7 years
17	Eklavya Education Foundation	Effective Parenting Workshop
18	Indian Institute of Technology, Powai	Workshop on Appearing for Interviews and Group Discussion
19	The Times of India	Career Counselling for students & writing a Column - 2002- 2005
20	National Institute of Fashion Technology	FDIT course - Personality devpt & training, - Ongoing 7 yrs Career Counselling for graduate and post graduate students Mentoring Workshop (Foundation Course), -PI & GD's for PG's
21	Ahmedabad Management Association	Facilitating courses on Counselling Skills, Aptitude Tests, Students, Managerial and Teachers workshops
22	Beacon High School (Mumbai)	Aptitude Testing and Career Counselling
23	H.B. Kapadia School	Aptitude Testing and Career Counselling
24	Busy education	Counselling & Psychometric Assessment for Students & Parents of Xth, XIth and XIIth standard students - Ongoing since 5 years
25	Vikalp - Career Guidance (City Pulse group)	Co-ordinated a workshop - "Career Fair" 2005.
26	Engineers Association Bhavnagar	Annual Career Counselling Workshop 2004 onwards.
27	Nirma Institute of Management	Faculty for Organization Behaviour - 2003-05, 2009-10
28	Vikas Vartul Trust (Bhavnagar)	XIIth Science career guidance from 2003 onwards
29	Mt. Carmel School, Teachers	"Reaching out to Students" - workshop for Secondary School
30	N.M.I.M.S. - Open Spaces	Personal Growth laboratory, - Selection by PI and GD's for PG's
31	Gandhi labour Institute	Soft Skills Training for Doctors, Public Healthcare Directors

D.	Psychotherapy and Counselling Assignments	Nature of Assignment	Time Duration
01	Practicing Psychologist at Tangram – Tracking the human mind	Assessment, Counselling & Psychotherapy (CBT, TA, NLP, Hypnotherapy and RET)	April 2003 onwards
02	Counsellor and therapist at - Student Developmental Centre - MICA Manthan Centre for Human development (1996) Student Counsellor – National Institute of Design Student Counsellor – Indian Institute of Management - Ahmedabad	Counselling Counselling Counselling Counselling	Ongoing 8 years 2009-2010 2003-2005
03	Asha Niketan, Mumbai Worked with Drug addicts, alcoholics and personality disorders (1989-1991)	Clinical Psychologist	2 years
E.	HR Consultancy Assignments	Nature of Assignment	
01	Rubik Infotech Pvt. Ltd.	Competency Mapping of Existing Employees - June 2015	
02	Tevapharm India Pvt. Ltd.	IDP Mapping Intervention and Assessment - November 2014	
03	Huntsman	Self Initiative in Leadership Programme Jan 2013	
04	Welspun Corporation Ltd.,	Managers Training on EQ - November 2012	
05	Bosch Rexroth India Limited	Behavioural Training	
06	Vadilal Industries Limited.	OD Study for Dharampur Plant	
07	Huntsman	Behavioural Training	
08	Torrent Power Ltd.	Behavioural Training and Leadership Workshops	
09	IFFCO	Behavioural Training and Leadership Workshops	
10	Cadila Health Care Ltd.	Behavioural Training	
11	Chokshi Tubes Ltd.	Behavioural Training	
12	Core Healthcare Ltd.	Behavioural Training	
13	Trio Elevators	Behavioural Training	
14	Gujarat Steel Tubes Ltd.	Diagnostic Study for OD Intervention	
15	Ashima Textiles	HR Consultant (Counselling and Training)	
16	Saint Gobain Float Glass Ltd.	Psychometric Assessment for Recruitment	
17	Ma Foi Consultants	Test Construction, Interface Mapping	
18	Transformers and Rectifiers	Diagnostic Study for OD Intervention	
19	Masibus Process Instruments (P) Ltd.	HR Consultant-Designing & Implementing Systems (Retainership)	
20	Mahindra and Mahindra (FES)	OD Intervention, Talent Audit profiling and Training	
21	Super Handlers (P) Ltd.	Recruitment – Psychometric Assessment	
22	Darpana Institute of Performing Arts	Diagnostic Study - OD Intervention	
23	Gujarat State Petroleum Corporation	OD Intervention	
24	Gujarat State Petro Net Ltd.	OD Intervention	
25	Intas Pharmaceuticals Ltd.	OD Intervention, Behavioural Training	
26	Torrent Power Ltd.	Recruitment, Mngr.Devpt Training & Psychometric Assessment.	
27	United Riceland Pvt. Ltd.	OD Intervention and Role – Competency Mapping	
28	Larsen and Toubro (ECC Division)	Soft Skills Training	
29	Doshi Accounting Service Pvt. Ltd.	Soft Skills Training for Selection	
30.	Lambda Clinical Research Centre	Development and Assessment Centre	

F. Personal Growth Laboratory (PGL) Experience

- Resource Faculty for Induction Lab FLAME (Pune) 2013-14
- Resource Faculty for Induction Lab FLAME (Pune) 2011 onwards
- Programme Director (PD) for MICA Lab 2001.
- Resource person for Sumedhas Summer Programme – 2001
- Resource faculty for MEP (IIM-A) for managers in 1999.
- Fellow (1999) in Sumedhas Academy for Human Context — completed three phases and presented a paper on process work.
- Resource person for PGL, MICA 1997 and Faculty from 1998 onwards.
- Resource person for PGL's of IIM "Exploration of Roles and Identity" (ERI) in 1997 & NID (1997, 1998).
- Participated in PGL's of MICA, NID and IIMA (MEP) in 1996.

G. Research and Publications

1. Authored a book on "Proactive Parenting" launched on 19th January 2014 at A.M.A.
2. A columnist for Just Read - An Informative Magazine every month 2009 till date.
3. A columnist for 'Ask The Expert' addressing queries for 'The Open Page' Ahmedabad, since 2010.
4. Contributed as an expert for articles for Femina – 'When Old is Not Gold' February 2010 and 'so Far Away from Me' August 2010.
5. Guided Ms. Deepika Sondhi for her M.Phil Programme – "The Third Culture Kids and their relationship" M.Phil / 6243 / CNG / 2008D, under Global Open University.
6. Interviewed Ms Beena Handa, Chief mentor, Claris Group and Mr Shyam Sharma, Vice President – HRM, Claris Life Sciences along with Dr .Hardik Shah, for Academy of HRD, Newsletter , 2010
7. A Student's Journey of life – Busy Buzz Magazine 2006
8. Samundra Manthan: A Journey inwards – Tangents, 2006
9. Contributed to Education Times, Ahmedabad as a columnist for - "Growing Pains" from April 2005.- 2007
10. Publishing and writing for Tangents, the in house magazine from Tangram.
11. "Identifying Personality Profile of Effective Indian Managers" paper presented at the HR Asia Pacific Conference held by Academy of HRD, in Bangalore in October 2002.
12. Served as a Career Counsellor and wrote a weekly column addressing student's queries for 'The Times of India' Ahmedabad, from 1999 to 2001.
13. Wrote for e-magazines and news papers on various topics related to Students, Management and Personal Growth. The key articles include:
'The Psyche of an Indian Manager' (to be published in Times of India)
'Students at Different Thresholds' (Times of India - Feb 2000)
'We the Living' (Times of India - Feb 2001)
14. Co-authored the paper 'Understanding Yoga and Process Work' for 'Chinmaya - Journal of Management', 1999.
15. Co-authored a paper 'A Study on the Personality Profile of Middle Managers: The Indian Experience' Working Paper no. - 1998 Indian Institute of Management, Ahmedabad.
16. Prepared a number of case studies for the 'Training Programme for Counsellors' which served as reading material for the courses at Manthan, Tangram.
17. Reviewed the book 'Workplace Counselling: A Systemic Approach to Employee Care", for Vikalpa - IIM-A journal, July to Sept 1998.

H. Papers Presented

- Presented a Paper named 'Mentoring Personal and Academic Development of High School Students of Rural Gujarat' - A longitudinal study at the 24th Annual Convention of National Academy of Psychology (NAOP), 2014 at Bhopal, Madhya Pradesh from 12th December 2014 to 14th December 2014.
- Presented a Paper named "Effectiveness of Cognitive Therapy in Treatment of Dependent Personality Disorder" at the 40th National Annual Conference of Indian Association of Clinical Psychology 2014 at Kattankullathur, Tamil Nadu from 28th Feb 2014 to 2nd March 2014.

- Presented a paper – “Exploring career options for Dyslexic” in 7th Annual International Conference on Dyslexia and SLD held in Delhi on 7th and 8th of Oct 2011.
- “Managing Attrition through a Standardized Process” at NIRMA International Conference on Management - 2009 on Strategic HRM and Enterpreneurs in The Changing Business Scenario.
- Selection: A Tool Kit for Executives’ at the national HRD Network, Ahmedabad Chapter, June ‘2003
- ‘Identifying the Personality Traits of Effective Indian managers’ - Leadership and change at the International Conference on Human Resource Development in Asia, IIM Bangalore, ‘2003.
- ‘Managing Business for Survival and Growth’ in the changing scenario at the Institute for Management Consultants of India (Ahmedabad Chapter), 1997.

I. Other Accomplishments

01. Designed and Conducted Workshops for Home makers on “Managing Children” at IFFCO held on 20th May 2014.
02. An Education Excellence Awarded in 2013, School of Management Science, Varanasi presented by Shri BhupendraSinh Chudasama, Honorable Minister of Education, Govt. of Gujarat, held on 24th November 2013.
03. Designed and Conducted Workshops for Doctor’s, Nurses, Support Staff on Employees Motivation at Mayflower Women’s Hospital 2011.
04. Designed and Conducted a series of Workshops for Kachi Jain Seva Samaj- Parents and Children from age group 0-5, 6 -12, 12 -18 since 2010.
05. Designed and Conducted workshops on NIFT students on various soft skills since 2006.
06. Designed and Conducted sessions on ‘Art Of Parenting’ at Lions Leadership Institute.
07. Designed various programmes for parents on children between 2 and 1/2 to 6 years – ‘Magic years’ series of workshops for various schools and townships.
08. Designed teachers workshops on ‘How children learn differently’.
09. Designed a Certificate Course in Counselling skills and Personal Growth – Basic, Advanced Course and Super Advance Course. They are offered twice a year from Tangram since 2003
10. Designed the script and presentation of the new magazine TQM and Quality released by the HRD Network and Suvik Communications (1994).
11. Designed and developed - one day workshops - ‘Can I be a Counselor?’ and ‘Reaching out to Students’ for Ahmedabad Management Association. It is an ongoing programme across schools in the state of Gujarat.
12. Designed and offered workshops that deal with issues of growing up for adolescents. Some of the key workshops are listed as ‘Adventures of Adolescents’, ‘Mysteries of Growing Up’ and Youth.com.
13. Prepared the script and compered a TV show on – Answers to Alcoholism and Drug Addiction, produced by Bombay Doordarshan (1990).

J. Significant Assignments – Academics

1. Columnist for “Growing Pains” with Education Times – The Times of India News Paper, Ahmedabad 2005-2007
2. On the National Institute of Design Selection Committee for P.G. Admissions - Communication Design (Graphics, Animation and Multimedia) group and Product Design group since 2002.
3. Retained by Indian Institute of Management, Ahmedabad as a career counsellor for providing insights into students strengths and developmental areas through psychometric assessments for PGP’s, FPM’s, ABMs, MEP’s and FDP’s from 2003 -2005
4. Retained by Busy Education a tutorial across the state of Gujarat since ‘2002. The nature of the activities includes educational packages for Xth, XIth and XIIth students (CBSE, GB) focusing on psychometric assessment, evaluation and seminars for parents and students. It is an ongoing assignment covering about twelve thousand students and their parents in the last six years.

K. Significant Events

1. Invited to deliver a talk on ‘Good Parenting’ organized by Affairs Exhibition – Premier Schools Exhibition, at hotel pride, by Mr. Vivek Shukla, Ahmedabad, 2015
2. Invited as a Guest Lecture on “Change Management” with Students of BBA at GLS Campus on 2nd Sept 2014.
3. Invited to deliver a talk on “Positive parenting” for Ozwal Community at H.L.College, Ahmedabad in Sept 2014.

4. Invited as a key speaker by Mr. Vivek Shukla from "Affairs Exhibition and Media Pvt. Ltd.," - Premier School Exhibition held at Pride Hotel, presented two sessions on topics - "Proactive Parenting" on 15th of February 2014 and "How to Raise Emotionally Happy Children" - 16th of February 2014.
5. Invited as the speaker on "Effective Parenting" organized by Shanti Asiatic School on 1st February 2014 at Ahmedabad Management Association.
6. Invited as a key speaker by Mr. Vivek Shukla from "Affairs Exhibition and Media Pvt. Ltd.," - Premier School Exhibition held at Pride Hotel, presented two sessions on topics - "Art of Positive Parenting" on 11th of February 2012 and "Proactive Career Planning and Emerging Trends" - 12th of February 2012.
7. Invited as the chief guest for the founders Day Celebrations to deliver the keynote address at "Oxford School" in Patan on 9th of February 2012.
8. Invited to deliver a talk on 'The Art of Positive Parenting', organized by Affairs Exhibition – Premier Schools Exhibition, at hotel pride, Ahmedabad, 2011
9. Invited as a Counsellor for the NID students at Paldi, Ahmedabad - 2010
10. Times Avenues - Invitation of Times of India Publications as speaker for "Counselling as a Career" held at Tagore hall, Ahmedabad, June 20th 2009.
11. Redbricks School - Invitation from Claris as speaker for Parent session held in May 2009.
12. Invited to deliver key note address on 'Role of Employees in the changing scenario' (Senior Manger and trade Union office bearers 2006) - Central Board for workers.
13. Invited to provide special focus on IQ and spoke for Calorx Foundation 2006 (Importance of Assessment of IQ and Academic potential in children)
14. Interviewed in the column "Persona" - feature of the Ahmedabad Management Association newsletter October '2005.
15. Invited to judge the Group Discussion organized by Concourse '2005, HLBBA College.
16. Invited to judge the Mr. and Mrs. Gujarat 2004 organized by the National Academy of Event Management and Development.

L. Workshop Designed for Students

Designed a number of workshops for children and youth based on knowledge, skills and behavioural models. Some of the workshops are:

- Effective Study habit
- Enhancing Concentration and Memory
- Scheduling and Managing Time
- Overcoming Study Stress
- Adventures of Adolescence
- Wonder Years
- Mysteries of growing Up
- Trying Teens
- Bud to Blossom
- Mind and Body Workshop
- Excelling in Competitive Exams
- Blue Print to Success
- Assessment for career Planning
- 'Life Skills for Students' to study in foreign shores – Careers, Roles and Identity

M. Areas of Interest

- **Expanding the scope of Psychometric Testing to Institutions and Organizations especially Interface Mapping.**
- Designing Behavioural Training Programmes for Institutions and Organizations.
- Designing and facilitating Workshops for Preschool Children to Adolescents.
- Psychometric Testing Constructions and Assessments.
- Providing integrated Solutions to Organizations Related to HR issues.

N. Courses and Workshop Attended

- ⇒ 'Heal Your Life' a workshop Leadership Training based in Philosophy of Louise Hay from Sept 19th to 26th, 2015 at Chennai conducted by G. L. Sampurna.
- ⇒ 'Love Yourself, Heal Your Life' a two days workshop on 11th and 12th July, 2015 conducted by Harsh Shah.
- ⇒ "Intensive Short Term Dynamic Psychotherapy" certificate as Therapist - persuading 3 years program under the guidance of Dr. Thomas Brod and by Jon Fredrickson from 2015 to 2017 ongoing.
- Certificate course on "Intensive Short Term Dynamic Psychotherapy" workshop by Jon Fredrickson from 26th July to 28th July 2014 organised by Dr. Darshan Shah at Antarnad Foundation.
- Certificate course on "Intensive Short Term Dynamic Psychotherapy" workshop by Dr. Thomas M. Brod. from 24th January 2014 to 26th January 2014 organised by Antarnad Foundation.
- Certification course on 'The Fairy Tale Test' (FTT) conducted by Dr. Carina Coulacoglou held on 8th January 2014 in Mumbai.
- Psychometric Certification Programme in February 2013
- Appeared for International English Language Testing System on 9th June 2012 and achieved Bands as listed: Listening - 7.0, Reading - 7.0, Writing - 7.0, Speaking 8.5, Overall Band Score - 7.5 Band.
- Certificate course on "The Training Workshop on Rorschach Inkblot Test using Exner's Comprehensive System", Surat from 24th – 26th January 2011
- Integrated Clinical Hypnotherapy Workshop in Ahmedabad by "The California Hypnosis Institute of India – 11th – 13th of February 2011
- Certification in Hogan Assessment, held by Mobley Group Pacific, Shanghai, China in August 2010
- Academy of HRD, workshop on Assessment Centres by Dr Seema Sanghavi, New Delhi, 2010
- Certificate course – 10 Experiential workshop on ' Learning Instruments in HR and OD' New Delhi - April 2009
- Advanced Forum held in Sept 2009
- Landmark Forum and LFIA Series held in August 2009
- Assessment and Remedial learning difficulties by Aparna Kalyanpuri - 2009
- NICOM - Strategic HRM and Entrepreneurship in the Changing Business Scenario (2009)
- Certificate Course in Nutrition and Dietetics - Grade - A (2009)
- Edutreat - International Conference on Opening doors to Ideas, Education and Diversity (2008)
- Vipasana Meditation Course (2008, 1989)
- Certified course on practioneir NLP held in New Delhi (2007)
- Dream Workshops by Dr. Pushpa Mishra (2008 and 2006)
- Enhancing Sales and Customer Relationship Skills through MBTI Insights, Ahmedabad (2005)
- Academy for HR-Asia Pacific Conference on trends and Challenges for HR, at Bangalore (2002)
- Existential Universe Mapping (EUM) held by Cognan, Bangalore (2002)
- Learning Theatre Workshop by Sumedhas (1998)
- Moreno School of Psychodramas held at Ahmedabad (1997) and Lonavala (1996)
- Short term course on Psychotherapy, Psychotherapy Study Group, Ahmedabad (1994)
- A ten day workshop by Dr. Baljeet Mehra, Psychoanalytical Society, London at Ahmedabad (1994)
- The Landmark Forum (1992)
- Transactional Analysis (TA), Mumbai (1990)
- Neurolinguistic Programming (NLP), Mumbai (1990)
- Rational Emotive Therapy (RET), Mumbai (1989)
- Rogerian – Client Centred, Mumbai (1988)

O. Membership and Affiliations held

- Member of Business Network International (BNI) - Sicilian Ventures - April 2015
- Vice President - Gujarat Association of Practicing Psychologist (GAPP) - 2015
- Associate Member of a Indian Association of Private Psychiatry (IAPP) - (Jan 2014)
- Licensed Practioneer - Hogan Assessment (2010)
- Membership and Affiliation of Indian Association of Clinical Psychologists (IACP) - LAM307/11
- Member of core team – 'Friends of Dyslexics' – Ahmedabad. (www.friends of dyslexia.com)
- Member of the Rehabilitation Council of India (License to practice as a clinical psychologist. RCI No. A01516)
- Fellow of Sumedhas Academy of Human context. (www.sumedhas.org)
- Member of Mumbai Psychological Association
- Expert Consultant and Visiting Faculty at Poiesis Achievement Foundation (www.poiesisfoundation.org)

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October '2015