

Developing Self-Expression and Social Skills

(A Mini Theatre Workshop)

For 12-18 years Students

The workshop is aimed to sensitize teenagers on social issues using theatre exercises.

Objectives:-

- ❖ To build self-confidence by discovering one's potentials and talents.
- ❖ To develop and sharpen social and interpersonal skills.
- ❖ To develop leadership and team skills and positive attitude towards life.

Topics to be covered:-

1. Know your qualities.
2. Understand and live your values.
3. Team building skills.
4. Fun-derstanding and performance.
5. Giving and receiving feedbacks.

Duration:-

- 3 hours session X 3 days

Design:-

- Learning will be made fun through games, role plays, skits and creative exercises.

Maximum Group size:-

- The group size will be restricted to maximum 40 students.